



# FOCUS

*PC2 for Developmental Disabilities  
Spring, 2025 ~ Volume 30, Issue 3*



We're Here  
**ALL YEAR**

*Meet Us. Know Us. Involve Us.*



For more information on the  
National Association of Councils on Developmental Disabilities,  
please visit: <https://nacdd.org/ddam2025/>



The “FOCUS” newsletter is a publication of the Pierce County Coalition for Developmental Disabilities (PC2) and is produced four times each year. It is available to view and download by visiting [www.pc2online.org](http://www.pc2online.org).

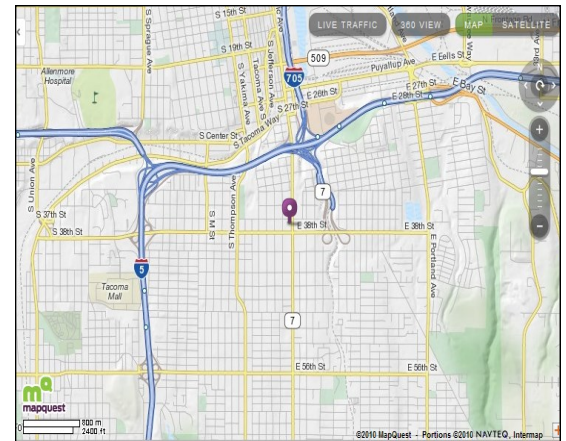
PC2 is comprised of both individuals & organizations of parents, guardians, professionals, & other partners interested in the well-being of individuals with developmental disabilities. Opportunities to gain information, education, & networking are available through our newsletter, website at [www.pc2online.org](http://www.pc2online.org), topical meetings/forums, & our Resource Guide.

PC2 provides education on the legislative process regarding policies & funding which allow families & individuals choice, control, & flexibility.

The PC2 office is open Monday-Thursday, 9 a.m.-4:30 p.m., and Friday 9 a.m.-1 p.m. Please visit anytime for information, resources, brochures, or help with Internet searches.

If you have info on classes, conferences, or events, or other items to share, please submit to:

PC2, 3716 Pacific Avenue #A, Tacoma, WA 98418-7836  
253-564-0707 (T) | 253-564-0702 (F) | 1-877-DD-LINKS (T/F)  
E-mail: [info@pc2online.org](mailto:info@pc2online.org) Web: [www.pc2online.org](http://www.pc2online.org)



### **PC2 BOARD**

DR. ALAN GILL, *Board Chair*  
JASON CLAPP, *Board Treasurer*  
NANCY LEE, *Board Member*  
KRISTINE NELSON, *Board Member*  
LAURA O’ROURKE, *Board Member*  
JO SIMMS, *Board Member*  
SARAH TREMBLAY, *Board Member*

### **PC2 STAFF**

MICHELE LEHOSKY, *LINKS Executive Director*  
KRISTIN LOOS, *Program Specialist*  
LARRY TODD, *Program Specialist*  
CARY VAZQUEZ, *Especialista del Programa*  
JAUNA BALDERSTON-TODD, *Media Specialist / Bookkeeper*  
NATHAN BECKER, *Custodian*  
CHRISTOPHER CLEVELAND, *Office Assistant*  
SANDI GRUBERG, *Advocacy Advisor*  
BETHANN GARTEIZ, *Housing Director*  
DALE GOLDER, *Housing Manager*  
SHAWNA FRANKLIN, *HUD Advisor*

**From the Director's Desk . . .**

Dear Families & Friends of PC2:

Happy Spring!

When I think of Spring, I think of new beginnings and having survived the storm, so what I want to share with you has to do with looking forward to a positive future.

If you want to have a positive future, you need to plan for it. Just like planning a trip, you use GPS, travel tickets, what you need to sustain you while you are on the road, etc. You need to know the facts and what steps to take. That is what we do best. If we do not know, we find out who we can ask for directions.

We can help! Let's talk about possibilities and the positive things that can happen when you plan for what a good day looks like for your son or daughter as a thriving adult. Most importantly - what do they say they want for their future?

As we consider their future, we can help them plan ahead - what services would they need to have good, full days? What resources would they need? It's not going to happen by itself.

We can sit and worry about what we don't have. Maybe even listen to rumors and speculation of what's coming. Or we can take each day as it comes and use the resources available to us. Planning for the future takes work. When your loved one is no longer in school, what does a good day look like for them?

I hope that your loved one has signed up for DDA and that they are eligible for services. Once a year they will have an assessment to determine need and be assigned a waiver (<https://informingfamilies.org/topic/dda-services/>)

Then they can request a service (Washington Administrative Code about authorized services through DDA: <https://app.leg.wa.gov/WAC/default.aspx?cite=388-825-058> & DDA service fact sheets: <https://fortress.wa.gov/dshs/adsaapps/about/factsheets/DDAFactsheets.aspx>)

The keywords - "authorized services," which means your loved one has been assessed, has demonstrated a need for services, and has been assigned a case resource manager, who can get services approved. You will need to prove the need and have it requested / approved before services can be delivered.

You can contact your case resource manager anytime and can also submit an email request online at: <https://www.dshs.wa.gov/dda/service-and-information-request>.

PC2 is here to help - anytime! Call us - 253.564.0707.

*Michele*





PLEASE JOIN US IN 2025!



Friendship Club



Meets on the 3rd Thursday  
of the month, 10:00 a.m.

PC2 Offices, 3716 Pacific Avenue, #A,  
Tacoma. Call to RSVP - 253.564.0707.

# PC2 Trainings



## *PC2 presents our Spring, 2025 Legal Series, with James Bates, Attorney at Law*

<p><b>Guardianships for Individuals with Developmental Disabilities</b></p> <p>Tues., April 8, 6 p.m.</p>  <a href="https://docs.google.com/forms/d/18Bt5_DN_32--CzHFUlpBDgEhbn5lmmWZUGCeLx2XE/edit">https://docs.google.com/forms/d/18Bt5_DN_32--CzHFUlpBDgEhbn5lmmWZUGCeLx2XE/edit</a>	<p><b>Estate Planning / Wills &amp; Trusts for Families of Individuals with Developmental Disabilities</b></p> <p>Tues., April 15, 6 p.m.</p>  <a href="https://docs.google.com/forms/d/16Yxbn_dkZAK74IYYZbv4RdGfCpK7JMRFKotn-AM4Fs/edit">https://docs.google.com/forms/d/16Yxbn_dkZAK74IYYZbv4RdGfCpK7JMRFKotn-AM4Fs/edit</a>	<p><b>Special Needs Trusts &amp; ABLE Accounts for Families of Individuals with Developmental Disabilities</b></p> <p>Tues., April 29, 6 p.m.</p>  <a href="https://docs.google.com/forms/d/1sR0JvFoanIaICl7kownzD6iNizehslA05dDUzIkho_o/edit">https://docs.google.com/forms/d/1sR0JvFoanIaICl7kownzD6iNizehslA05dDUzIkho_o/edit</a>
--	---	--



*This Legal Series will be held via Zoom. Please scan the QR codes above (or visit the links) to register. If you have questions or need more information, please contact us: 253-564.0707 or [info@pc2online.org](mailto:info@pc2online.org)*



**Pierce County**

# Pierce County Runner



Ride With Us ▾ Fares ▾ Careers ▾ About Us ▾ 



## Runner Update Starting December 11, 2024

Zones: Gig Harbor, Puyallup, Ruston, Spanaway, Tideflats

To improve Runner wait times and seat availability, the service will use boarding points that make it easier and faster to pick up and drop off customers. In some cases, rather than being picked up at a specific address, a customer may be asked to walk a short distance to meet the Runner vehicle, and they may be joined by another customer going in the same direction. Those customers with limited mobility may call our support number [253.600.4146](tel:253.600.4146) to request to continue to be picked up or dropped off at specific addresses.

# Pierce County Runner

## Runner Means On-Demand Transit

With one simple smartphone app and just a few taps, Pierce Transit Runner will pick you up and drop you off in certain areas where a bus may not be available – all for the same low public transit fare. Convenient, fast, and affordable on-demand transportation is at your fingertips to help you get to work, school, shopping or connect to local buses or regional rail.

[What is Runner?](#) | [Hours & Location](#) | [How to Ride](#) | [Fares](#) | [Accessibility](#) | [Things to Know](#) | [FAQs](#)

### Convenient

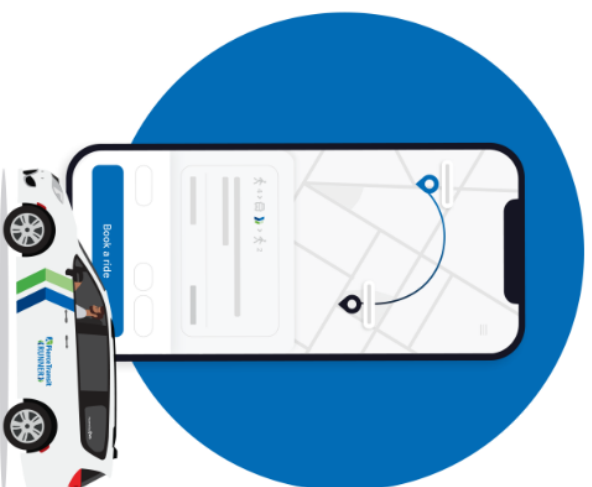
Use your phone to tell Pierce Transit Runner where you are and where you want to go. Runner pairs riders headed in the same direction to ensure faster service. Also, with your ORCA card, you can transfer easily to or from a bus.

### Affordable

Ride the Runner for the same cost as a Pierce Transit bus trip. Also, Runner doesn't raise prices during peak hours, so you can rely on the same great pricing whenever you ride!

### Transit Options

The app will list your best transit choice based on your pickup and drop-off points—in some cases that may be a trip on the bus or another transit service.



For more information, please visit:  
<https://piercetransit.org/runner/>

info@ontheroadwpc.org  
646-598-4675

On the Road with PartnerCafe  
A Direct Service  
Mobile Team



## Under The Big Top Community Resource Fair

PRE-REGISTER TO ATTEND!



ADMISSION IS FREE!




# ROY ELEMENTARY SCHOOL

## April 1, 2025

### 4pm-7pm

340 Peterson St, Roy, WA 98580

DURING PARENT TEACHER CONFERENCE WEEK



DEPT. OF HEALTH IS PROVIDING A FREE VACCINE CLINIC



Connect to resources and information for

- Housing
- Unhoused Resources
- Food
- Special needs
- Medical Coverage
- Medicare & Medicaid
- Mental & Behavioral health
- Aging and disability
- Autism Support
- Dementia & Alzheimer's support
- Counseling
- Transportation
- Education
- Veterans
- Jobs and careers
- Families & Children
- Youth & Young Adults
- Seniors

www.ontheroadwpc.org • 6824 19th ST W, PMB 280 University Place, WA 98466



# Open Doors



for multicultural families

## OPEN DOORS

# Save The Date

### Open Hearts 2025

UNDER ONE SKY:  
A NIGHT MARKET GALA TO CELEBRATE OPEN  
DOORS FOR MULTICULTURAL FAMILIES

Join us on Thursday, May 1, 2025  
Mercer Island Community Center  
VIP Reception | Dinner | Raffle/Silent Auction

If you are interested in sponsoring the event, donating a raffle item, or have any questions please reach out to  
Andrea Kassa, Director of Development at [AndreaK@opendoorswa.org](mailto:AndreaK@opendoorswa.org)  
253.216.4479  
[www.opendoorswa.org](http://www.opendoorswa.org)

For more info, please visit:  
<https://www.taforms.com/5166281>



# Under the Big Top Community Resource Fair!

The Care-a-Van provides services, such as:

COVID-19 Vaccines (Pfizer and Moderna), Blood Sugar and Blood Pressure Screenings and Mpox Vaccines Naloxone (Narcan)

340 Peterson St  
Roy WA 98466  
**Tuesday**  
**April 1, 2025**  
**4:00 to 7:00 PM**

Care-a-Van provides services at no-cost for uninsured children 6 months to 19 years old. For patients with health insurance, we may bill you for flu and/or COVID-19 vaccines. We are unable to vaccinate patients with Kaiser or TriCare insurance.

## Who can get vaccines?

- COVID-19 and Flu vaccines
- People 6 months and older

Scan to pre-register:



We encourage you to pre-register for the event, but we will accept walk-ins based on time and vaccine availability! Please bring proof of insurance and vaccine card, if available. Visit [myirmobile.com](https://myirmobile.com) to access your vaccine record.





# ¡Feria de recursos comunitarios bajo la gran carpa!

El Care-a-Van ofrece servicios tales como:

Vacunas contra la COVID-19 (Pfizer y Moderna), pruebas de detección de azúcar en sangre y presión arterial y vacunas Mpox Naloxona (Narcan)

340 Peterson St  
Roy, WA 98466

Martes  
1 de abril de 2025  
4:00 to 7:00 PM

Care-a-Van ofrece servicios sin costo para niños sin seguro de 6 meses a 19 años de edad. En el caso de los pacientes con seguro médico, es posible que le facturemos las vacunas contra la gripe y/o el COVID-19. No podemos vacunar a pacientes con seguro de Kaiser o TriCare.

## ¿Quiénes pueden recibir las vacunas?

- símica: personas mayores de 18 años Vacunas contra el COVID-19 y la gripe
- personas de 6 meses en adelante

Escanear para preinscribirse:



Le recomendamos que se registre con anticipación para el evento, ¡pero aceptaremos visitas sin cita previa según el tiempo y la disponibilidad de vacunas! Traiga comprobante de seguro y tarjeta de vacunación, si está disponible. Visite [myirmobile.com](http://myirmobile.com) para acceder a su registro de vacunación.



Vaccine Clinic

# Easter Bunny Visit!

You're invited to the Easter Bunny's

# PET PHOTOS

Saturday  
April 12th, 2025  
11am to 1pm

135 163rd St S,  
Spanaway, Wa 98387  
(Behind Woofers Grooming & Goodies  
Inside Spanaway United Methodist Church)

Sign up by 04/09/25  
Call Tausha with questions  
253-400-3508



[bit.ly/EasterBunnyPetPhotos2025](https://bit.ly/EasterBunnyPetPhotos2025)



PIERCE COUNTY PARENT TO PARENT

# self care saturdays

Come and join the P2P Team for a morning of outdoor fun!  
Everyone, regardless of age or ability, is invited to drop by for a walk and some community bonding. We'll meet at the playground!



**When & Where**  
 March 8th - June 28th 2025  
 10-11:30AM

2nd Saturdays	4th Saturdays
Fort Steilacoom Park	Sehmel Homestead Park
8714 87th Ave. SW	10123 78th Ave NW
Lakewood	Gig Harbor

Got questions?  
Feel free to reach out  
to us at:  
[p2p@wapave.org](mailto:p2p@wapave.org)  
or visit  
[wapave.org/calendar](http://wapave.org/calendar)



P2P Programs

# Behavior Bridges



## Overcoming Obstacles Together.

**Our groups set up a safe, accepting environment to successfully build individual confidence, social skills & awareness, communication, and community!**

### SKILL BUILDING GROUPS

These loosely structured groups focus on building key, developmentally-appropriate skills allowing participants to better engage in group settings and build positive relationships with peers. Skills targeted may include: communication, self advocacy, sportsmanship, play/leisure, emotional regulation, & functional life skills. Most groups are cohort-style, meaning the same group of peers is building skills together across a certain number of weeks. All are welcome to attend & activities are modified to best suit participants' interests, motivation, and skill level!

### SPECIAL INTEREST GROUPS

Similar to our skill building groups, our special interest groups provide participants with an opportunity to engage with peers and develop specific developmentally appropriate social skills, such as appropriate humor/banter, self-advocacy, sportsmanship, flexibility/tolerance, and functional life skills. These groups are centered around a shared interest, such as arts/crafts or board games, to allow for more opportunities for natural engagement and friendship building. All are welcome to attend & activities are modified to best suit participants' interests, motivation, and skill level!

### SKILL BUILDING COURSES

As our most structured groups, these courses provide evidence based social skills training to neurodiverse children, adolescents, and adults. These programs provide instruction on a targeted skill each session, such as making & keeping friends, handling conflicts, and addressing bullying. Structured learning is balanced with plenty of time to practice the skills learned with their peers!

### PLAY & HANGOUT GROUPS

These groups are focused on creating a welcoming and safe place for everyone. Natural opportunities to build social skills, make friends, and learn to be part of a group are created using a flexible, "no pressure," hangout-style format.

### TRAINING & WORKSHOPS

Behavior Bridges now offers caregiver and provider training on preventing mental and behavioral health crisis for neurodiverse communities. Please call or email to discuss!

## FINANCIAL ASSISTANCE

### LIFESPAN RESPITE

- For families supporting someone with special needs (including autism, ADHD, etc.)
- Washington State Resident
- Must NOT receive respite through another program
- Cannot be used for ABA services
- Voucher provided for "family" rather than individual
- Simple one-step online application!



APPLY NOW

### SCHOLARSHIP FUND

- Partial & full scholarships available by request
- Must demonstrate inability to receive funding through another option
- Made possible by the generosity of local donors as well as the Pierce County Behavioral Health Tax. ☺



APPLY NOW



**LASTING CHANGE OCCURS WHEN WE WORK TOGETHER**

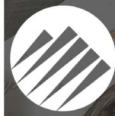
 Partially Supported by funding from Pierce County through its Behavioral Health Department

# ADVENTURE WITHIN REACH

QUARTERLY GUIDE | 2025-Q2 | APR · MAY · JUNE

Inclusive, accessible programming promoting community engagement for people of all ages and abilities

**DIGITAL EDITION**



Pierce County Parks

SPECIALIZED RECREATION - ADVENTURE WITHIN REACH

[WWW.PIERCECOUNTYWA.GOV/PCSR](http://WWW.PIERCECOUNTYWA.GOV/PCSR) | 253-798-4199

REGISTRATION OPENS MARCH 17

Pierce Co. Parks Specialized Rec.

Pierce Co. Parks Specialized Rec.



## Welcome

**Welcome to Pierce County Specialized Recreation!**  
 We are excited to offer a variety of programs designed for individuals five years and older with a wide range of abilities. Our mission is to provide enriching activities that inspire, engage, and connect participants with each other and the community in a meaningful way.

**Program Options:**  
 We offer virtual and in-person programs, giving participants the flexibility to choose the format that works best for them. Whether you join from home or attend in person, we are committed to providing a safe, inclusive, and enjoyable experience for all.





**Office:** Lakewood Community Center  
 9112 Lakewood Dr SW  
 Lakewood, WA 98499

**Office Registration Hours:**

Monday	9:00 AM - 5:00 PM
Tuesday	9:00 AM - 5:00 PM
Wednesday	9:00 AM - 5:00 PM
Thursday	9:00 AM - 5:00 PM
Friday	9:00 AM - 5:00 PM

**Program Information:** (253) 798-2997  
**Program Registration:** (253) 798-4199  
**Email:** pcsr@piercecountywa.gov  
**Facebook Community:**  
[www.Facebook.com/PierceCountyParks](http://www.Facebook.com/PierceCountyParks)

**Ride the Shuttle**

**PIERCE TRANSIT Shuttle Service**

To Contact SHUTTLE:

1. Dial (253) 581-8000
2. Press 1 for SHUTTLE/ Fixed Route Customer Service
3. Then Press 2 for SHUTTLE
4. Then Press 1 for RESERVATIONS

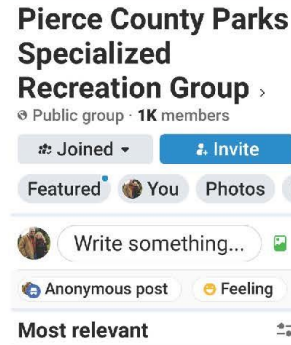
For off hours dispatch dial: 253-581-8140  
 TTY for individuals with a hearing impairment: 711  
 Fax: (253) 984-8154  
 Website: [www.piercetransit.org/shuttle/](http://www.piercetransit.org/shuttle/)



JOIN OUR  
FACEBOOK  
COMMUNITY GROUP

**GET SOCIAL**

FACEBOOK PROFILE  
IS REQUIRED





**WHAT'S INSIDE?**

**Registration** \_\_\_\_\_ **pg 4**  
 How-to-information, payment options, and policies

**Monthly Calendars** \_\_\_\_\_ **pg 5-7**  
 April, May, and June 2025

**Art & Leisure** \_\_\_\_\_ **pg 8-11**

**Virtual Programs** \_\_\_\_\_ **pg 11**

**Community** \_\_\_\_\_ **pg 11-13**

**Special Events** \_\_\_\_\_ **pg 13-14**

**Fitness & Sports** \_\_\_\_\_ **pg 15-18**

**Special Olympics** \_\_\_\_\_ **pg 19**



Cover Image: Participant's enjoy cooking classes with PCSR! See page 8 to learn more.

**Pierce Co. Parks Specialized Rec.**

**NEW:** **2025**  
**MEMBER RATES**

**YOU MAY QUALIFY!**

We've made some changes to our Adventure Within Reach Program. New member rates are in effect as of January 2025. To learn more about these rates and to see if you qualify please visit our website.



**ARE YOU A MEMBER?**

For More Information  
[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr)

Call For Registration  
**253-798-4199**

Pierce Co. Parks Specialized Rec.



REGISTRATION



**REGISTRATION OPENS MARCH 17:** Pre-Registration is required. Class sizes are limited. To register online, visit our website at [www.piercecountywa.gov/PCSR](http://www.piercecountywa.gov/PCSR). To register by phone, please call (253) 798-4199. Register in person at the **Lakewood Community Center**, 9112 Lakewood Drive, Lakewood, WA 98499 Monday through Friday between 9:00 am - 5:00 pm.



**DDA:** Pierce County Parks Specialized Recreation programs are supported by DDA funding; respite money may be used. If using DDA funds to register please have the participant's case manager contact information on-hand.



**GENERAL BILLING INFO:** Case managers will be billed monthly, using the hourly reimbursement rate based on the quarter hour.



**CANCELLATION POLICY:** You must request cancellation, and receive confirmation, from Pierce County Parks staff at least 5 business days before an activity begins for a refund. Refunds will not be made for missed or forgotten sessions, or late cancellations.



**VIRTUAL PROGRAMS:** For virtual activities, access to an internet capable computer/laptop/tablet/cell phone provided by the participant's parent/guardian is required for participation. A ZOOM link will be sent to the email address listed on the registration prior to the program's scheduled meeting.



**ACCOMODATION:** To request accomodations, please call (253) 798-2997.

**Unexpected Absences**

You will not be billed out of pocket for any illness or behavioral related issues as long as we are notified prior to the absence.

If you/the participant is sick or experiencing:

- Behavioral issues: If for any reason you feel you/the participant is not able to safely attend classes, please call and inform us at your earliest convenience. Safety is of our utmost concern.
- If you have any type of contagious illness: Please do not attend classes until you have not had symptoms for 72 hours.

**Absences Using DDA Funds / Respite Care**

Participants who are choosing to use DDA funds/Respite Care funds to pay for activities with Pierce County Parks must call our office or email [paula.selfridge@ Pierce County Parks](mailto:paula.selfridge@ Pierce County Parks) 24 hours prior to missing an activity that you have registered for. Any activity missed that is deemed a no-call, no-show or payment denied from DDA WILL be billed to the participant and all class fees will be the participants responsibility.

**Unattended Classes / No-Shows**

If for any reason, you/the participant does not show up for registered classes or is absent for any reason other than illness or behavioral related issues, you will be required to pay the published rate for those

classes. We cannot excuse absences related to caregiver or transportation issues, appointments or trips. Because we are unable to bill DDA for services not rendered, you will be required to pay out of pocket, and invoiced at the end of the month for the amount due.

**One to One Assistants, Care Providers, and Chaperones**

We want everyone to have the opportunity to fully and independently participate in our activities, and we realize that some of our participants need assistance to make that possible. We allow for two different types of assistance, both of which require passing a background check before attending.

One to One (1:1) assistants and care providers may attend a program or activity at no additional cost with a registered participant when that person needs assistance with feeding, toileting, behavioral support, or ambulation. Our staff may evaluate and determine the need for a 1:1 assistant at any time.

There may be times when the space in the busses for transportation is limited and staff evaluate who needs a 1:1 riding on the bus with us. In those cases, program staff will call the families and work out a plan that will have the 1:1 driving separate behind the bus. Priority would be for 1:1 assistants who need to constantly be with their clients due to behavioral needs or medical needs.

Chaperones may accompany registered participants as program support for ease of mind for an additional fee. Chaperones will need to provide their own transportation when we travel into the community.

To communicate an absence or for SCHEDULING QUESTIONS please contact us at 253-798-2997 | [pcsr@ Pierce County Parks](mailto:pcsr@ Pierce County Parks)

4 **DIGITAL EDITION**



[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199



SUN	MON	TUES	WED	THURS	FRI	SAT
30	31	1 3:30 Rec Bowling Daffodil Bowl	2 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	3 5:30 Mini Golf & Dinner Tower Lanes Ent. Center	4 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center	5 12:30 Daffodil Parade & Lemonade Lakewood Community Center 1:30 Daffodil Parade & Lemonade Sumner Senior Center
6	7 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	8 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	9 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	10 9:00 The Hangout Lakewood Community Center	11 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center 6:00 Astro Dance! Environmental Services Building	12 5:00 BINGO Party! Lakewood Community Center
13	14 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	15 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	16 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	17 9:00 The Hangout Lakewood Community Center 6:00 Board Game Night Puyallup Recreation Center	18 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center	19
20	21 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	22 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	23 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	24 9:00 The Hangout Lakewood Community Center	25 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center	26
27 1:30 Ready, Set, Cook! STAR Center	28 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	29 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	30 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	1	2	3

Image: Club Pierce. See page 12 to learn more.  
www.piercecountywa.gov/pcsr | 253-798-4199



**DIGITAL EDITION**

5

Pierce Co. Parks Specialized Rec.

Pierce Co. Parks Specialized Rec.



SUN	MON	TUES	WED	THURS	FRI	SAT
27	28	29	30	1	2 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent Center	3
4 11:15 Summer Swim Social (with transport) Lakewood Community Center 12:00 Summer Swim Social (no transport) Sumner YMCA	5 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	6 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	7 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	8 9:00 The Hangout Lakewood Community Center	9 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent Center	10 5:00 BINGO Party! Lakewood Community Center
11	12 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	13 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	14 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	15 9:00 The Hangout Lakewood Community Center 6:00 Board Game Night Puyallup Recreation Center	16 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent Center	17 2:00 Spring Fling Dance! Tacoma Yacht Club
18 1:30 Tasty Travels AUSTRALIA! STAR Center	19 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	20 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	21 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	22 9:00 The Hangout Lakewood Community Center	23 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent Center	24
25	26 MEMORIAL DAY HOLIDAY Office Closed NO PROGRAMS	27 11:30 Art Class Lakewood Community Center 6:00 Scrapbook/Cook STAR Center	28 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center	29 4:30 Dinner & A Movie! Regal South Hill Cinema	30 9:30 Virtual Chat ZOOM	31



SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	3 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	4 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	5 9:00 The Hangout Lakewood Community Center	6 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center	7
8 11:15 Summer Swim Social (with transport) Lakewood Community Center 12:00 Summer Swim Social (no transport) Summer YMCA	9 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	10 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	11 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	12 9:00 The Hangout Lakewood Community Center	13 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center	14 5:00 BINGO Party! Lakewood Community Center
15	16 9:00 Club Pierce Puyallup Recreation Center 9:30 Virtual Chat ZOOM 3:30 Let's Play Sports Lakewood Community Center 5:00 GC Peers Crew Lakewood Community Center 6:30 SO Swimming Pacific Lutheran University Pool	17 11:30 Art Class Lakewood Community Center 3:30 Rec Bowling Daffodil Bowl 6:00 Scrapbook/Cook STAR Center	18 9:00 Club Pierce Sprinkler Recreation Center 9:30 Virtual Chat ZOOM 3:00 Jewelry Club Lakewood Community Center 6:00 Rec Soccer Sprinkler Recreation Center 6:00 SO Soccer Sprinkler Recreation Center	19 JUNETEENTH HOLIDAY Office Closed NO PROGRAMS	20 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center <i>Special Olympics Spring Season State Games: June 20-22 University of Puget Sound</i>	21 <i>Special Olympics Spring Season State Games: June 20-22 University of Puget Sound</i>
22 <i>Special Olympics Spring Season State Games: June 20-22 University of Puget Sound</i>	23 9:15 Rec Golf, 9-Hole Meadow Park Golf Course 10:00 Rec Golf, Range Meadow Park Golf Course 3:30 Let's Play Sports Lakewood Community Center	24 3:30 Rec Bowling Daffodil Bowl	25 9:30 Virtual Chat ZOOM 6:00 Rec Softball, Traditional Sprinkler Recreation Center 6:00 Rec Softball, Tee-ball & Skills Sprinkler Recreation Center	26 6:00 Art Gallery Lakewood Community Center	27 9:30 Virtual Chat ZOOM 10:30 Low Aerobics Lakewood Community Center 1:00 Cocoa Social Sprinkler Recreation Center 3:30 Rec Bowling Paradise Lanes Ent. Center 6:00 Hoedown Throwdown Dance! Puyallup Activity Center	28
29 1:30 Ready, Set, Cook! STAR Center	30 9:15 Rec Golf, 9-Hole Meadow Park Golf Course 10:00 Rec Golf, Range Meadow Park Golf Course	1	2	3	4	5

Image: Recreational Golf. See page 17 to learn more.

[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199



**DIGITAL EDITION**

**7**

Pierce Co. Parks Specialized Rec.

ART & LEISURE

Cocoa Social

Cocoa Social offers engaging activities for everyone, including board games, crafts, karaoke, and interactive group games. Get creative and design your own custom coffee mug to drink from each week. Enjoy lively group activities, sing your heart out at karaoke, and relax with friends while sipping on hot cocoa or cider (with sugar and dairy-free options available). Cocoa Social is the perfect way to unwind and connect in a welcoming environment. Don't miss out!

AGE: 12+ MEMBER RATE: \$40  
NON-MEMBER RATE: \$80  
LOCATION: Sprinkler Recreation Center / Shuttle - Yes  
521 Military Road S, Tacoma WA 98444

CODE	DAY	DATE	TIME	REGISTER BY
20387	Fri	Apr 4-25	1:00-2:30 pm	Apr 3
20388	Fri	May 2-23	1:00-2:30 pm	May 1
20389	Fri	June 6-27	1:00-2:30 pm	June 5

NO COCOA SOCIAL DATE: May 30



Scrapbook & Cook

Each week we'll make a simple dish that you can recreate at home. Paper, scissors, and all the crafty supplies needed to create amazing scrapbook pages are provided. You just bring the pictures!

AGE: 18+ MEMBER RATE: \$40/Apr & May, \$30/June  
NON-MEMBER RATE: \$80/Apr & May, \$60/June  
LOCATION: STAR Center / Shuttle - Yes  
3873 S 66th St, Tacoma WA 98409

CODE	DAY	DATE	TIME	REGISTER BY
20421	Tues	Apr 8-29	6:00-7:30 pm	Apr 7
20422	Tues	May 6-27	6:00-7:30 pm	May 5
20423	Tues	June 3-17	6:00-7:30 pm	June 2

NO SCRAPBOOK & COOK DATES: April 1, June 24

8 DIGITAL EDITION 



Ready, Set, Cook!

Learn basic kitchen safety, food preparation skills, and hygiene while making a delicious meal with our PCSR cooking experts. *April is Spring Harvest:* chicken and bacon pesto flatbread and strawberry salad cups. *June is Picnic Perfection:* hand pies and mini berry cheesecakes. Join us for the Tasty Travels program on May 18 to cook and learn about different cultures from around the world.

AGE: 18+ MEMBER RATE: \$35  
NON-MEMBER RATE: \$70  
LOCATION: STAR Center / Shuttle - Yes  
3873 S 66th St, Tacoma WA 98409

CODE	DAY	DATE	TIME	REGISTER BY
20404	Sun	Apr 27	1:30-3:00 pm	Apr 24
20405	Sun	June 29	1:30-3:00 pm	June 26

Tasty Travels

Embark on a virtual journey to **AUSTRALIA!** Join us as we take a trip down under to the land of the Aussies. We'll cook a traditional Australian dish, take a virtual tour, and make a craft.

AGE: 13+ MEMBER RATE: \$29  
NON-MEMBER RATE: \$58  
LOCATION: STAR Center / Shuttle - Yes  
3873 S 66th St, Tacoma WA 98409



CODE	DAY	DATE	TIME	REGISTER BY
20424	Sun	May 18	1:30-3:00 pm	May 17

www.piercecountywa.gov/pcsr | 253-798-4199

## ART & LEISURE



### Art Class

Let the creativity flow! Reduce stress, boost creativity, and enhance fine motor skills through art. Step-by-step instructions and materials are provided for each art project. Please bring a packed snack or lunch with you to class if desired. We'll take a quick break to snack, socialize, and fuel our creativity. All levels of artists are encouraged to join.

AGE: 13+ MEMBER RATE: \$19  
NON-MEMBER RATE: \$38

LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20392	Tues	Apr 8	11:30 am-1:30 pm	Apr 6
20393	Tues	Apr 15	11:30 am-1:30 pm	Apr 13
20394	Tues	Apr 22	11:30 am-1:30 pm	Apr 20
20395	Tues	Apr 29	11:30 am-1:30 pm	Apr 27
20396	Tues	May 6	11:30 am-1:30 pm	May 4
20397	Tues	May 13	11:30 am-1:30 pm	May 11
20398	Tues	May 20	11:30 am-1:30 pm	May 18
20399	Tues	May 27	11:30 am-1:30 pm	May 25
20400	Tues	June 3	11:30 am-1:30 pm	June 1
20401	Tues	June 10	11:30 am-1:30 pm	June 8
20402	Tues	June 17	11:30 am-1:30 pm	June 15

NO ART CLASS: April 1, June 24-Sept 9. Class will resume following Summer Camps.



### Art Gallery

This is a special opportunity to showcase the incredible artwork created by participants in Pierce County Parks Specialized Recreation (PCSR) programs. From vibrant paintings and intricate drawings to clay sculptures and a variety of other creative projects, there's something for everyone to enjoy!

*If you're attending as an observer, registration is not required. However, if you'd like to have a table to display your art, registration is required. Artists' table setup will begin at 4:30 PM on the event day and the Gallery viewing will be from 6:00 - 7:00pm.*

AGE: All MEMBER RATE: \$5  
NON-MEMBER RATE: \$10

LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20425	Thurs	June 26	6:00-7:30 pm	June 25



www.piercecountywa.gov/pcsr | 253-798-4199



**DIGITAL EDITION**

9

Pierce Co. Parks Specialized Rec.

ART & LEISURE



Grit City Peers Crew

Come see old friends and meet new ones each Monday while we play games, craft, hang out, and chat. All program supplies included with your registration.

AGE: 12+ MEMBER RATE: \$40/Apr, \$30/May & June  
NON-MEMBER RATE: \$80/Apr, \$60/May & June  
LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20517	Mon	Apr 7-28	5:00-6:30 pm	Apr 4
20414	Mon	May 5-19	5:00-6:30 pm	May 2
20415	Mon	June 2-16	5:00-6:30 pm	May 30

NO GRIT CITY PEERS CREW DATES: May 26, June 23, 30, July, and August



The Hangout

This laid-back program offers a fun mix of activities shaped around a different theme each week. Stay active shooting hoops, t-ball, kickball, and stretching. Enjoy games like trivia, Pictionary, coloring pages, and snack time to keep you energized. We also host a Monthly Talent Show and BINGO Day—don't miss out! Bring a packed lunch, wear comfy clothes, and come ready to move, laugh, and make new friends!

*\* Do you know someone with a cool job or interest who would like to visit The Hangout and talk about what they do? We LOVE special guests! Please reach out to Karli Schwimmer at Karli.Schwimmer@piercecounitywa.gov.*

AGE: 18+ MEMBER RATE: \$81/Apr & May, \$54/June  
NON-MEMBER RATE: \$162/Apr & May, \$108/June  
LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20406	Thurs	Apr 10-24	9:00 am-2:00 pm	Apr 7
20407	Thurs	May 8-22	9:00 am-2:00 pm	May 5
20408	Thurs	June 5-12	9:00 am-2:00 pm	June 2

NO HANGOUT DATES: Apr 3, May 1, 29, June 19-Sept 11. The Hangout will resume following Summer Camps.



Jewelry & Accessories Club

Join us in creating a variety of jewelry and accessories that you'll personalize. Projects include: bracelets, headbands, tote bags, earrings, keychains/lanyards, beaded pens, etc. We'll focus on a new project each week.

AGE: 12+ MEMBER RATE: \$27/Apr & May, \$21/June  
NON-MEMBER RATE: \$54/Apr & May, \$42/June  
LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20417	Wed	Apr 9-30	3:00-4:30 pm	Apr 7
20418	Wed	May 7-28	3:00-4:30 pm	May 5
20419	Wed	June 4-18	3:00-4:30 pm	June 2

NO JEWELRY CLUB: Apr 2, June 25

Board Game Night!

Join us for an evening of great social interaction, fun with friends, and board games! We'll provide a selection of games, but feel free to bring any personal favorites to share with the group. Not familiar with board games? No worries—Pierce County staff will be happy to teach you how to play!

AGE: 8+ MEMBER RATE: \$10  
NON-MEMBER RATE: \$20  
LOCATION: Puyallup Recreation Center / Shuttle - Yes  
808 Valley Ave NW, Puyallup WA 98371

CODE	DAY	DATES	TIME	REGISTER BY
20409	Thurs	Apr 17	6:00-7:30 pm	Apr 14
20410	Thurs	May 15	6:00-7:30 pm	May 12

10 DIGITAL EDITION Pierce County Parks SPECIALIZED RECREATION

www.piercecounitywa.gov/pcsr | 253-798-4199



**ART & LEISURE**

Hang out with us!



**VIRTUAL CHAT**

**Virtual Social Chat**

Fill your cup with coffee, tea, juice, or water, log in, and let's chat! NEW: Register for all chats by month! We'll meet virtually Monday, Wednesday, and Friday on Zoom.

When registering, please make sure we have updated email address on file so that you can receive your Zoom link and can login.

AGE: All FREE

LOCATION: <https://zoom.us> (ZOOM)

CODE	DAY	DATES	TIME	REGISTER BY
20465	M/W/F	Apr 7-30	9:30-10:00 am	Always Open
20466	M/W/F	May 2-30	9:30-10:00 am	Always Open
20467	M/W/F	June 2-27	9:30-10:00 am	Always Open

NO VIRTUAL CHAT DATES: May 23, 26, June 20, 23, 30



**JOIN US IN THE POOL!**  
Check out Sumner Swim Social on page 16

[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199

**COMMUNITY**



**Daffodil Parade & Lemonade**

The Sumner Daffodil Parade is on Saturday, April 5th. There are two options for transportation: meet at Lakewood Community Center at 12:30 pm or at the Sumner Senior Center at 1:30 pm. Both groups will ride in the PCSR shuttle bus to the parade, which starts at 2:30 pm.

Please bring a camper chair, water, and snacks. Light refreshments like lemonade, crackers, meat, and cheese will be provided, but lunch is not included. The event ends at 4:30 pm for Lakewood and 4:00 pm for Sumner Senior Center. Registration is required, and spots are very limited. If a 1:1 is required, they will not be able to ride the PCSR shuttle due to limited spots and will need to follow behind.

AGE: 15+ MEMBER RATE: \$20  
NON-MEMBER RATE: \$40

LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATES	TIME	REGISTER BY
20434	Sat	Apr 5	12:30-4:30 pm	Apr 3

LOCATION: Sumner Senior Center / Shuttle - NO  
15506 62nd St Ct E, Sumner, WA 98390

CODE	DAY	DATES	TIME	REGISTER BY
20435	Sat	Apr 5	1:30-4:00 pm	Apr 3



**DIGITAL EDITION** 11

Pierce Co. Parks Specialized Rec.

COMMUNITY

Mini Golf & Dinner

Meet at Tower Lanes Entertainment Center for a relaxed game of indoor miniature golf complete with waterfalls, fountains, and bridges. The group will also enjoy a tasty dinner in the bowling alley's private party room. Registration includes mini golf, casual style dinner, and drink. Indoor Mini golf course not ADA.

AGE: 13+ MEMBER RATE: \$30  
NON-MEMBER RATE: \$60

LOCATION: Tower Lanes Entertainment Center / Shuttle - Yes  
6323 6th Ave, Tacoma WA 98406

CODE	DAY	DATE	TIME	REGISTER BY
20432	Thurs	Apr 3	5:30-7:30 pm	Apr 1



Club Pierce

Club Pierce offers a range of personally enriching activities for individuals with disabilities who want to engage with the community and have fun. Participants will enjoy a variety of experiences including volunteering, visiting different organizations, and exciting field trips. Activities are designed to enhance socialization, build independence skills, and strengthen resumes. When not exploring the community, attendees will take part in activities such as crafts, sports, and cooking.

*Due to high demand, registration is limited to one location per day each week. Participants are encouraged to join the waitlist for fully booked dates to be contacted if spots become available. Join Club Pierce to explore, learn, and have a great time!*

AGE: 18+ MEMBER RATE: \$87  
NON-MEMBER RATE: \$174

LOCATION: Puyallup Recreation Center / Shuttle - Yes  
808 Valley Ave NW, Puyallup WA 98371

CODE	DAY	DATES	TIME	REGISTER BY
20426	Mon	Apr 7-21	9:00 am-2:00 pm	Mar 31
20427	Mon	May 5-19	9:00 am-2:00 pm	Apr 28
20428	Mon	June 2-16	9:00 am-2:00 pm	May 26

NO MON CLUB PIERCE DATES: Apr 28, May 26, June 23-Sept 9.  
Club Pierce will resume following Summer Camps.

LOCATION: Sprinker Recreation Center / Shuttle - Yes  
521 Military Road S, Tacoma, WA 98444

CODE	DAY	DATES	TIME	REGISTER BY
20429	Wed	Apr 9-23	9:00 am-2:00 pm	Mar 31
20430	Wed	May 7-21	9:00 am-2:00 pm	Apr 28
20431	Wed	June 4-18	9:00 am-2:00 pm	May 26

NO WED CLUB PIERCE DATES: Apr 2, 30, May 28, June 25-Sept 9.  
Club Pierce will resume following Summer Camps.

COMMUNITY

DINNER & A MOVIE

We're going to the movies! The movie title (rated G to PG-13) will be a surprise until the week before we go, but we promise it'll be great. Before or after the movie, we'll chow down on an all you can eat buffet at the Golden Corral. Registered participants will meet at the entrance to the movie theater at the South Hill Mall. Participants can then be picked up at the same location (South Hill Mall movie theater entrance) at the end of the activity.

Please look up the movie's rating and description to ensure it's a good choice for your participant. Participants may bring up to \$25 in cash to purchase snacks for themselves. Due to dietary and safety concerns, participants may not purchase snacks for anyone else or share their snacks.

AGE: 13+ MEMBER RATE: \$50  
 NON-MEMBER RATE: \$100  
 LOCATION: Regal South Hill Cinema / Shuttle - Yes  
 3500 S Meridian, Puyallup WA 98373  

CODE	DAY	DATES	TIME	REGISTER BY
20433	Thurs	May 29	4:30-8:30 pm	May 22



SPECIAL EVENTS



BINGO Parties!

Let's play multiple rounds of BINGO with small, themed prizes for the winners (sugar-free options available) We want everyone to leave with a smile and a prize! All bingo supplies will be provided, and each participant receives a complimentary themed prize before leaving.

AGE: 13+ MEMBER RATE: \$11  
 NON-MEMBER RATE: \$22  
 LOCATION: Lakewood Community Center / Shuttle - Yes  
 9112 Lakewood Dr SW, Lakewood WA 98498

APRIL - EGG-CELLENT BINGO!

Theme: Easter and Springtime Fun. Celebrate the season with an Easter-themed bingo! Think pastel colors, egg hunts, and spring blooms.

CODE	DAY	DATE	TIME	REGISTER BY
20437	Sat	Apr 12	5:00-7:00 pm	Apr 11

MAY - BINGO IN BLOOM!

Theme: Mother's Day & Flowers. Honor mothers and the beauty of flowers with a floral-inspired bingo night. Think floral patterns, sweet treats, and a relaxing vibe.

CODE	DAY	DATE	TIME	REGISTER BY
20438	Sat	May 10	5:00-7:00 pm	May 9

JUNE - SUMMER KICKOFF BINGO!

Theme: Sunshine & Summer Fun. Welcome the summer season with sun, beach vibes, and all things summer. Think sunscreen, beach balls, and lots of outdoor excitement.

CODE	DAY	DATE	TIME	REGISTER BY
20439	Sat	June 14	5:00-7:00 pm	June 13

SHOW OFF YOUR CEATIVITY IN THE ART GALLERY ON JUNE 26

See page 9 for more information

Pierce Co. Parks Specialized Rec.

SPECIAL EVENTS



We're taking this dance to Outer Space! Bring out your intergalactic gear and get ready to show your gravity-defying dance moves!

AGE: 13+  
MEMBER RATE: \$11  
NON-MEMBER RATE: \$22

LOCATION: Environmental Services Building / Shuttle - Yes  
9850 64th St W, University Place WA 98467

CODE: 20442  
DAY: Fri  
DATE: April 11  
TIME: 6:00-8:00 pm  
REGISTER BY: April 10



Grab your cowboy hat and a plaid shirt for this country-themed dance!

AGE: 13+  
MEMBER RATE: \$11  
NON-MEMBER RATE: \$22

LOCATION: Puyallup Activity Center / Shuttle - Yes  
210 W Pioneer Ave STE 103  
Puyallup, WA 98371

CODE: 20443  
DAY: Fri  
DATE: June 27  
TIME: 6:00-8:00 pm  
REGISTER BY: June 26

SPRING FLING!

The Tacoma Yacht Club is welcoming us back for our annual spring formal dance. Light snacks and drinks will be provided. A D.J. will be spinning fun tunes for two hours so come dressed in your best and be ready to dance with your friends. Please come dressed in your formal attire, clothing will not be available on site to use.

AGE: 13+  
MEMBER RATE: \$11  
NON-MEMBER RATE: \$22

LOCATION: Tacoma Yacht Club / Shuttle - Yes  
5401 Yacht Club Rd, Tacoma, WA 98407

CODE: 20444  
DAY: Sat  
DATE: May 17  
TIME: 2:00-4:00 pm  
REGISTER BY: May 15



**WHERE ARE**

# Summer Camps?

**YOUR FAVORITE SUMMER CAMPS WILL HAVE THEIR OWN PUBLICATION THIS YEAR!**

**WATCH FOR**

**CAMP BROCHURE AVAILABLE: MAY 2025**

[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199

## FITNESS & SPORTS

### Low Impact Aerobics

Raise your heart rate and keep your joints happy with our low impact aerobic exercise class. It includes a variety of exercises designed to improve cardiovascular efficiency (efficiency with which the human body can distribute blood and oxygen). Some examples of low-impact aerobic exercises include walking, marching, rolling shoulders and dancing. This program will also incorporate a different core strength practice each week, such as yoga and Pilates.

**AGE:** 10+     **MEMBER RATE:** \$22

**NON-MEMBER RATE:** \$44

**LOCATION:** Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATE	TIME	REGISTER BY
20446	Fri	Apr 4-25	10:30 am-12:00 pm	Apr 5
20447	Fri	May 2-23	10:30 am-12:00 pm	May 5
20448	Fri	June 6-27	10:30 am-12:00 pm	June 5

**NO LOW IMPACT AEROBICS DATE:** May 30



### Let's Play Sports!

Participants will play court sports such as basketball, floor hockey, kickball and more! This activity provides a wonderful opportunity to compete with your peers and have fun; in addition to learning a variety of exercises designed to improve skills and knowledge of each sport.

*Join Let's Play Sports after Club Pierce or before Grit City Peers Crew for a full day of activities on Mondays.*

**AGE:** 8+     **MEMBER RATE:** \$20

**NON-MEMBER RATE:** \$40

**LOCATION:** Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATE	TIME	REGISTER BY
20450	Mon	Apr 7-28	3:30-4:30 pm	Apr 5
20451	Mon	May 5-19	3:30-4:30 pm	May 5
20452	Mon	June 2-23	3:30-4:30 pm	June 5

**NO LET'S PLAY SPORTS! DATES:** May 26, June 30



**DIGITAL EDITION**

**15**

**Pierce Co. Parks Specialized Rec.**

**FITNESS & SPORTS**



**Recreational Bowling**

Come bowl two relaxed games and have a fun time with your bowling partner. To bowl with a specific friend, please register and email [grant.hampton@piercecountywa.gov](mailto:grant.hampton@piercecountywa.gov). Price includes shoe rental and two games. All abilities welcome!

*Participants must choose between Paradise Lanes Entertainment Center or Daffodil Bowl. Due to high demand, participants are no longer able to register for bowling twice a week.*

AGE: 10+ MEMBER RATE: \$36  
NON-MEMBER RATE: \$72

LOCATION: Daffodil Bowl / Shuttle - Yes  
1624 E Main Street, Puyallup WA 98372

CODE	DAY	DATE	TIME	REGISTER BY
20454	Tues	Apr 1-29	3:30-5:00 pm	Apr 5
20455	Tues	May 6-20	3:30-5:00 pm	May 5
20456	Tues	June 3-24	3:30-5:00 pm	June 5

NO BOWLING AT DAFFODIL DATE: May 27

LOCATION: Paradise Lanes Entertainment Center / Shuttle - Yes  
12505 Pacific Ave S, Tacoma WA 98444

CODE	DAY	DATE	TIME	REGISTER BY
20458	Fri	Apr 4-25	3:30-5:00 pm	Apr 5
20459	Fri	May 2-23	3:30-5:00 pm	May 5
20460	Fri	June 6-27	3:30-5:00 pm	June 5

NO BOWLING AT PARADISE DATE: May 30

16 **DIGITAL EDITION**



[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199

**Sumner Swim Social**

Join us at the largest YMCA in the state of Washington for a swim social! Sumner YMCA is not on the Pierce Shuttle line, but we are offering transportation from Lakewood Community Center to Sumner for an additional fee.

*Please complete the swim waiver and email to [grant.hampton@piercecountywa.gov](mailto:grant.hampton@piercecountywa.gov) once completed [www.yמצapkc.org/join/guest-pass](http://www.yמצapkc.org/join/guest-pass)*

AGE: 10+ MEMBER RATE: \$15  
NON-MEMBER RATE: \$30  
LOCATION: Sumner YMCA / Shuttle - NO  
16101 64th St E, Sumner WA 98390

CODE	DAY	DATE	TIME	REGISTER BY
20461	Sun	May 4	12:00-2:00 pm	May 1
20463	Sun	June 8	12:00-2:00 pm	June 5

AGE: 10+ MEMBER RATE: \$20  
NON-MEMBER RATE: \$40  
LOCATION: Lakewood Community Center / Shuttle - Yes  
9112 Lakewood Dr SW, Lakewood WA 98498

CODE	DAY	DATE	TIME	REGISTER BY
20462	Sun	May 4	11:15 am-2:45 pm	May 1
20464	Sun	June 8	11:15 am-2:45 pm	June 5

PCSR Buses will transport participants to/from Sumner YMCA



# FITNESS & SPORTS

*Please note: Special Olympics WA is not offering Summer Sports for 2025*



## Recreational Golf, 9-Hole (Summer Season)

Imagine yourself hanging out with friends on a beautiful summer morning at Meadow Park Golf Course. Each Monday we'll head out in groups and play 9-Holes on the Williams Nine (family-friendly 9-hole course). Our coaches will focus on course etiquette and developing skills on the course.

*Golf clubs will be provided for those individuals that don't have their own.*

AGE: 8+ MEMBER RATE: \$70  
NON-MEMBER RATE: \$140

LOCATION: Meadow Park Golf Course, 9-Hole / Shuttle - Yes  
7108 Lakewood Dr W, Tacoma, WA 98467

CODE	DAY	DATE	TIME	REGISTER BY
20468	Mon	June 23-July 28	9:15-11:45 am	June 16

## Recreational Golf, Driving Range (Summer Season)

Imagine yourself hanging out with friends on a beautiful summer morning at Meadow Park Golf Course. Each Monday we'll develop skills on the driving range and putting green. Participants will rotate between stations to learn how to drive, pitch and putt.

*Golf clubs will be provided for those individuals that don't have their own.*

AGE: 8+ MEMBER RATE: \$53  
NON-MEMBER RATE: \$106

LOCATION: Meadow Park Golf Course, Driving Range / Shuttle - Yes  
7108 Lakewood Dr W, Tacoma, WA 98467

CODE	DAY	DATE	TIME	REGISTER BY
20469	Mon	June 23-July 28	10:00-11:30 am	June 30

Pierce Co. Parks Specialized Rec.

## COACHES WANTED!

We need coaches for Recreational Sports Programs.

Please reach out to Grant Hampton if you're interested in coaching.  
grant.hampton@piercecountywa.gov



## FITNESS & SPORTS

*Please note: Special Olympics WA is not offering Summer Sports for 2025*

Pierce Co. Parks Specialized Rec.



### Recreational Softball, Traditional (Summer Season)

We'll meet each week at the new Sprinker Softball Fields for practices and skill development. Traditional softball will have a range of high to intermediate level softball skills. Athletes are expected to have high to above average knowledge of softball rules, terminology, and baserunning. Athletes should be able to field a ground ball, catch a fly ball, and be able to throw the ball from base to base and consistently hit the ball out of the infield. Anyone that can consistently throw strikes as a pitcher has a very valuable skill.

*There will also be a Saturday competition/tournament at Sprinker in August. Date and time TBD.*

Traditional Softball and Tee-ball & Skills practice at the same time and location. Athletes may be moved to Tee-ball & Skills based on ability level.

AGE: 8+      MEMBER RATE: \$67  
NON-MEMBER RATE: \$134

LOCATION: Sprinker Recreation Center, Turf and Grass Fields / Shuttle - Yes  
521 Military Rd S, Tacoma WA 98444

CODE	DAY	DATE	TIME	REGISTER BY
20470	Wed	June 25-July 30	6:00-8:00 pm	June 30



### Recreational Softball, Tee-ball & Skills (Summer Season)

We'll meet each week at the new Sprinker Softball Fields for practices and skill development. Tee-ball and Skills will have a range of basic to beginner level softball skills. Tee-ball athletes are expected to have basic knowledge of softball rules, terminology, and baserunning - this is not a requirement for Skills. Athletes will develop the skills to field a ground ball, catch a fly ball, and be able to throw the ball from base to base and learn how to hit the ball off of a tee.

*There is no competition for Tee-ball & Skills at this time.*

Traditional Softball and Tee-ball & Skills practice at the same time and location. Athletes may be moved to Traditional Softball based on ability level.

AGE: 8+      MEMBER RATE: \$23  
NON-MEMBER RATE: \$46

LOCATION: Sprinker Recreation Center, Turf and Grass Fields / Shuttle - Yes  
521 Military Rd S, Tacoma WA 98444

CODE	DAY	DATE	TIME	REGISTER BY
20471	Wed	June 25-July 30	6:00-7:30 pm	June 30

18

**DIGITAL EDITION**



www.piercecountywa.gov/pcsr | 253-798-4199



## SPECIAL OLYMPICS

**Special  
Olympics  
Washington**



### SPORTS SEASON CHANGES

SOWA is not hosting Summer sports from the end of June through July. We will return to Special Olympic Sports in August with Bowling and Flag Football as part of SOWA's Fall season. During this 6-week summer break, PCSR is committed to continue offering golf and softball in a recreational capacity. As a PCSR recreational sport option, these will primarily consist of practices but may include scrimmages or tournaments against other programs in our area.

Please refer to the Sports and Fitness section of the guide for Recreational Sports.

For any questions regarding Special Olympics or Recreational Sports, please reach out to Grant Hampton (253) 732-8066 or email [grant.hampton@piercecountywa.gov](mailto:grant.hampton@piercecountywa.gov)

**Please visit  
Special Olympics Washington's  
website for more information on  
season changes at:**

[https://specialolympicswashington.org/  
sport-season-changes/](https://specialolympicswashington.org/sport-season-changes/)

[www.piercecountywa.gov/pcsr](http://www.piercecountywa.gov/pcsr) | 253-798-4199



**YOU  
COULD  
QUALIFY**

## SCHOLARSHIPS AVAILABLE

Pierce County residents participating in recreational programs may be eligible for scholarship funds based on income and family size.

Learn more and apply online:  
[www.PierceCountyWA.Gov/ParkScholarship](http://www.PierceCountyWA.Gov/ParkScholarship)



**DIGITAL EDITION**

19

**Pierce Co. Parks Specialized Rec.**

Pierce Co. Parks Specialized Rec.

 Pierce County Parks  
SPECIALIZED RECREATION - ADVENTURE WITHIN REACH  
9112 Lakewood Dr SW  
Lakewood, WA 98499



Info: 253-798-2997 | Register: 253-798-4199 | Email: pcsr@piercecountywa.gov  
Facebook Community: www.Facebook.com/PierceCountyParks

# Eloise's Cooking Pot Food Bank

## ELOISE'S COOKING POT FOOD BANK



= Providing food for Pierce County's most vulnerable citizens since 2009 =

Eloise's Cooking Pot Food Bank provides quality food to the communities of East and South Tacoma, Washington. Ahndrea, our founder, was concerned about the children in these communities who were not eating on a regular basis due to their families experiencing economic hardship. Without government assistance, Ahndrea began delivering food to her tenants in this area. This is how the foundation for Eloise's Cooking Pot Food Bank began. The food bank is named after Ahndrea's grandmother Eloise. Eloise was a woman of humble means, but would generously share whatever food she had by providing a hot meal to anyone who was in need.

## Eloise's Cooking Pot Food Bank at the Dome

Eloise's Cooking Pot Food Bank food distribution Wednesdays from 10am-3pm in Tacoma Dome [Parking Lot G](#).

This weekly food distribution event is an opportunity for those needing fresh, healthy, and delicious food at no cost while supplies last. The Making A Difference Foundation and Eloise's Cooking Pot Food Bank are a non-profit organization that aims to provide high-quality and nutritious food to East and South Tacoma communities.

More information is available at [Eloise's Cooking Pot Food Bank](#).

Visit <https://themadf.org/elaises-cooking-pot/> for more information

# Pen Met Parks

## THE GREAT SASQUATCH HUNT

*No registration required!*



**JOIN THE FUN**  
**APRIL 1-25**

Join our District-wide Sasquatch-themed scavenger hunt with family and friends and see if you can track down this mysterious creature. This very evasive hominid will move to a different park each week in April, so head out to the parks and discover him for yourself and enter to win a prize!

Sehmel Homestead Park Harbor Family Park  
McCormick Forest Park Sunrise Beach Park



When you find Sasquatch, post a photo on social media and tag us @penmetparks

## Family TRIVIA NIGHT

Get the family together for a memorable night full of laughter, competition, and brain-teasing questions for all ages. Compete together to win!

FRIDAY, MARCH 21  
7-8:30 PM

DISTRICT HEADQUARTERS

\$5 In-District  
per family

\$6 Out-of-District

3

# Pen Met Parks

*free event!*

**Spring EGG HUNT**

Hop into spring with this egg-citing family event that is perfect for all ages. Commemorate the season with a fun egg hunt and photos with Peter Cottontail! Advanced registration required.

Saturday, April 19

Sehmel Homestead Park

10 AM #7521  
11 AM #7522  
12 PM #7523  
Adaptive  
1 PM #7524

Schulze & Co. | EGGHUNT | Kivania | PenMetParks | Michael & Susan | KIDS

**UPCOMING EVENTS**

*Swing into Spring Dance*

*Free admission!*

Enjoy live music for listening or dancing, with fun swing dance instruction provided by Tucker Ewell. Bring along a friend, your partner, or your grandchild to dance the day away! Refreshments provided. Registration required. Limited space.

Sunday, April 6 | 2-4 PM

Rosedale Hall

2

**TEEN FLASHLIGHT EGG HUNT**

GRADES 6-12

Enjoy music, games, treats, and more. Search for eggs with only the glow of your flashlight!

REGISTER

PAID BY DONATION

Friday, April 11  
7:30-9:30 PM

Sehmel Homestead Park  
10123 78th Ave. NW

5

# Pen Met Parks

## YOUTH SPORTS

Registration for spring sports is now open. Don't miss out!

### BASEBALL

A focus on the fundamentals of hitting, throwing, and catching with an emphasis on sportsmanship and teamwork to build confidence.

IN-DISTRICT \$160    OUT-OF-DISTRICT \$192

PRACTICE BEGINS 3/31    GAMES BEGIN 4/26    SEASON WEEKS 10

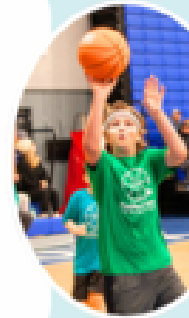


### PRE-K BASKETBALL

Designed for ages 3.5-5. An introduction to the basics including passing, shooting, and dribbling. Fosters teamwork, listening, and social growth.

IN-DISTRICT \$110    OUT-OF-DISTRICT \$132

PRACTICE BEGINS 4/1    NO GAMES SCHEDULED    SEASON WEEKS 5



### FLAG FOOTBALL

A fast-paced, intensive experience for athletes looking to elevate their skills. Provides dynamic, competitive space to refine key abilities.

IN-DISTRICT \$110    OUT-OF-DISTRICT \$132

PRACTICE BEGINS 4/26    GAMES BEGIN 5/3    SEASON WEEKS 5



**PARKS FOR ALL**

**PARKS FOR ALL**

**PARKS FOR ALL**

**PenMet Parks**

2416 14th Ave. NW  
Gig Harbor, WA

253-858-3400

info@penmetparks.org

17

# Pen Met Parks

Spring 2025

April 7 - June 22

Vol. 17


**SEQUOIA**  
 THERAPEUTIC RECREATION

 Quarterly  
**NEWSLETTER**

# NEWSLETTER

## Featured Functions

### RAINIER'S BASEBALL BASH

Meet us at Cheney Stadium at 5:00 pm to party before the first pitch in the Party Deck to root root root for the Tacoma Rainiers! We will be watching the baseball game from the Party Deck off of 3rd base; it's reserved exclusively for our group and it's ADA accessible. Experience includes delicious buffet dinner and refillable drinks - Game time starts at 6:00pm. Tickets are limited. All folks who plan to attend need to register and receive a ticket for admission.

**Tuesday, May 27th**
**5:00 - 9:00 pm**

\$32.00 Registration | \$16 with scholarship

Cheney Stadium: 2502 S Tyler St, Tacoma, WA 98405, USA

### BUNCO PARTY

The Force is strong with Sequoia TR. BUNCO is a social dice game that will have you laughing and sharing good times with others. No experience necessary - volunteers absolutely welcome. Wear StarWars themed outfits for a chance to win a special prize! Dinner will also be provided!

**Saturday, May 3rd**
**5:00 - 7:30 pm**

\$20.00 Registration | \$15 with scholarship

1001 S Yakima Ave, Tacoma, WA 98405, USA

## Contact Us!

Follow our Instagram:

@sequoiatr253

Follow our Facebook:

facebook.com/Sequoiatr

Check out our website:

www.sequoiatr.org

Call Us:

(253) - 203 - 6111

Email Executive Director

kodi@sequoiatr.org

Our main office:

 6613 S. Cheyenne St, Tacoma, WA  
 98409

## Inside the Issue:

### Registration

#### info for:

- SEQUOIA SOCIAL
- BOWLING
- BIRDABILITY®  
OUTINGS
- COOKING CLASSES

### and more!



Root with Rhuhbarb!



Hyperspace to BUNCO





Decorating cups at Sequoia Social



Bird from Birdability!



Liest bringing the smiles to STR

**COOKING COURSE**

Ready to sharpen your kitchen skills and cook up some fun? Join us for a five-week cooking course where you'll learn and build on essential kitchen skills in a supportive, small-group setting—alongside friendly high school student volunteers! No experience? No problem! Come with a zest for learning and leave with new skills—and a delicious dinner each week! Sign up today spaces are limited

**Session 1: April 10 - May 8**

**Thursdays 4:00 - 6:00 pm**

**Session 2: May 15 - June 12**

**Thursdays 4:00 - 6:00 pm**

\$150.00 Registration | \$75 with scholarship

Braeburn House: 9002 37th St W, University Place, WA 98466, USA

**POTTERY COURSE**

Get Your Hands Dirty in Our 4-Week Pottery Class! Unleash your creativity and learn the art of pottery in this five-week class designed to build your skills in a fun, supportive environment—alongside high school student volunteers! You'll explore hand molding, glazing, and trying out the pottery wheel! No experience? No problem! Sign up today! Spaces are limited.

**May 13 - June 10 (no program 5/27)**

**Tuesdays 4:00 - 6:00 pm**

\$110.00 Registration | \$55 with scholarship

Braeburn House: 9002 37th St W, University Place, WA 98466, USA

**BIRDABILITY®**

Meet your friends at from Sequoia TR and new friends from the Tahoma Bird Alliance to learn about birds and their habitats. These experiences are perfect for all abilities. Naturalists teach us about the birds we see or hear. Dress appropriately for the weather. See our website for more details.

**Saturday, April 12th 10:00 - 11:30 am:**

Dune Peninsula at Point Defiance Park: 5361 Yacht Club Rd, Tacoma, WA 98407, USA

**Sunday, May 18th 10:00 - 11:30 am:**

Fort Steilacoom Park 8714 87th Ave SW, Lakewood, WA 98498, USA

**Saturday, June 14th 10:00 - 11:30 am:**

Swan Creek Dog Park 2106 E 44th St, Tacoma, WA 98404, USA

\$16.00 Registration | \$8 with scholarship

Birdability® is a registered trademark of Birdability, a Texas nonprofit corporation.

**LAWN BOWLS**

Enjoy Lawn Bowls Monday evenings at Wright Park on the green. No experience necessary. Due to the fickle nature of the green in spring walker and wheelchair users will need to hold off joining until later in the season when the green is harder. Contact STR for info.

**June 2 - June 16**

**Mondays 5:30 - 7:00 pm**

\$49.00 Registration | \$25 with scholarship

Wright Park on the Lawn Bowls Green: Wright Park, 501 S I St, Tacoma, WA 98405, USA

# Sequoia Therapeutic Recreation

## SEQUOIA SOCIAL

Make and maintain friends while creating seasonal arts & crafts, play fun games and make something tasty in the kitchen. Please meet us at Fircrest Presbyterian Church at 12:30pm. It's ok to bring a snack and a drink. Bring a caregiver to assist you with your personal care needs.

**April 7 - June 16**

**Mondays 12:30 - 2:30 pm**

\$264.00 Registration | \$130 with scholarship

Fircrest Presbyterian Church: 1250 Emerson St, Fircrest, WA 98466, USA



Drew on the green Foot Golfing



Just Bowl with the flow!



Cooking up some chicken with Bronwyn



Jeff lawn bowling



Just Dance with STR!

## BOWLING

Join Sequoia TR for a 10-week social recreational bowling session with friends. Meet at Bowlero Lanes of Lakewood. Bowling starts at 4pm, practice bowling is from 3:50-4pm. Teams of three will bowl two games, no lane switching. All levels welcome. Please tell us if you would like to bowl with a specific friend. STR staff will do our best to partner folks together. Registration fee includes shoe rentals and games. If you arrive and your team is already in the 5th frame or later we will add you to the second game.

**April 9 - June 18**

**Wednesdays 3:50 - 5:30 pm**

\$207.00 Registration | \$100 with scholarship

Bowlero Lanes of Lakewood: 3852 Steilacoom Blvd SW, Lakewood, WA 98499

## GOLFING/ FOOTGOLF

Choose to golf or footgolf with STR and Meadow Park friends on the William's Nine. All skill levels. No gear required for footgolf; bring clubs or request some if you plan to golf.

**June 3 - June 17**

**Tuesdays tee times 5:30, 5:40, 5:50 pm**

\$49.00 Registration | \$25 with scholarship

Meadow Park, 7108 Lakewood Dr W, Tacoma, WA 98467, USA

## Individual Services

Sequoia Therapeutic Recreation is a vendor providing DDA individual services to help folks meet their individual goals in the community as listed in their Individual Plans. Ask your Developmental Disabilities Administration Case Resource Manager if you qualify for Life Skills (previously Specialized Habilitation), Community Engagement, Community Inclusion, or Staff and Family Consultation. See our website for more information.

## Community Partners & Supporters

THANK YOU to the Names Family Foundation, Tacoma Arts Live and the ACE program, Tahoma Bird Alliance, Tacoma Lawn Bowling Club, SAMi/TPS, Meadow Park Golf Course, Washington Trails Association, Spun, Manitou Park Presbyterian Church, Fircrest Presbyterian Church, Meadow Park Golf Course, Bowlero Lanes of Lakewood, and special thanks to all our volunteers and Sequoia supporters. We love our community!

### Donate!

Consider supporting our programs and our scholarship fund by making a monthly donation on our donorbox.

Thank you!

<https://donorbox.org/sequoia-tr-support>

## About Us

Founded in Aug 2021, Friends of Sequoia Therapeutic Recreation (DBA Sequoia Therapeutic Recreation) is a 501(c)3 nonprofit charitable organization providing inclusive community based therapeutic recreation activities one on one and in small groups for people with intellectual and developmental disabilities (I/DD) and their families

**Our Mission:** Cultivating confidence, friendships, joy, and respect.

**Vision:** To be well-respected and trusted

**Values:** Sincerity, Honesty, Long-term relationships, Mutual Respect, Community



Fun in the rain during Birdability!

Sequoia TR is able to provide services and activities for the community thanks to grants, supporters, and donations. Special thank you to the **Names Family Foundation**. Every donation of time and financial contributions helps! Thank you. Follow our socials and check our website for the online Sequoia Spirit Wear store.



David ready to bowl a strike!